

ROTARY CLUB OF SAN CARLOS, CALIFORNIA



# THE KEYWAY

May 05, 2006

**President: Mark Burket**

**Editor: Jim Stevens**

## *Lynne Murphy on Volunteerism at Sequoia Hospital*

### Making a Difference

Volunteer Services is open to dedicated men and women who seek a positive use of available time, energy and skills for the service of others.

In its sixth decade, Sequoia's Auxiliary began in 1947, three years before the opening of Sequoia Hospital, and continued to match the vigor of hospital growth with its own expansion of services to patients and their families. The goal of Volunteer Services has always been to provide the support and supplemental services that make a hospital stay more pleasant, increasing patient satisfaction.

### Areas of Service

The work a volunteer is varied and

challenging. Volunteers assist in many service areas, including Admitting, the Volunteer Office, Central Supply, Emergency Department, Gift Shop, Health & Wellness, Information Desk, Intensive Care, Patient Services, Birth Center, Physical Therapy, Radiation Therapy, Surgical Reception, and many more.

Day, evening and weekend hours are available in many areas, permitting the volunteer to adjust to one's own schedule of

*Continued on next page*

### Upcoming Programs

**05/05 L. Moore-Seq. Hosp. Volunteers**  
**05/12 Not available at press time**

### \$\$ FINEMASTERS \$\$

**May 05 Bruce Paris**  
**May 12 Ted Reynolds**

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ROTARY CLUB OF SAN CARLOS, CALIFORNIA, U.S.A. CHARTERED 1949 - CLUB 406 - DISTRICT 5150

<b>MONDAY</b>	12:15 The Vans	Daly City 12:15 Marie Callender's	<b>THURSDAY</b>	12:15 Poplar Creek G.C.
Belmont 12:15 Sheraton Gateway	Foster City 12:15 Crowne Plaza	Marin 7:15 am Giorgio's, Drake's Landing	San Mateo 12:15 Alta Mira Hotel	12:15 Basque Cultural Ctr.
Burlingame 12:15 Left Bank	Menlo Park 12:15 M.P. Rec Center	Ross Valley 12:15 Deer Park Villa	Novato 12:15 S.F. Fisherman's Wharf at Pier 43-1/2	
Marin 12:15 Seafood Peddler	PA Sunrise 12:15 Starbuck's, East Palo Alto	San Bruno 12:15 El Rancho Inn, Millbrae	<b>FRIDAY</b>	12:15 Margaret Todd
<b>TUESDAY</b>	6:30 pm McInnis Park	SF Int. Airport 12:15 Firewood Cafe, Int. Term.	Novato 12:15 Palo Alto/University	7:15 Sheraton Hotel
Marin 12:15 Mill Valley G.C.	SF West 6:00 pm So. Sea Seafood Village	SF Bayview 7:00 am Dago Mary's	San Carlos 12:15 The Vans	
Millbrae 12:15 Green Hills CC	Tiburon 12:15 SF Yacht Club	Peninsula Sunrise 7:30 am Pete's Harbor	San Mateo Sunrise 7:30 am Dominic's	
Novato 7:15 am Moylan's Brewery	Woodside//PV 7:30 am Woodside Church	Redwood City 12:15 Sequoia Club		
Pacificia 7:15 am Sharp Park Rest.		San Francisco 12:00 Marine's Mem. Club		
San Francisco 7:00 La Barca Restaurant	<b>THURSDAY</b>	SFO/Gt. Mission 7:45 am Double Play Rest.	Half Moon Bay 12:15 Comm. United Methodist Ch.	
Terra Linda 12:15 Sheraton	Ignacio 12:15 Inn Marin		Mission San Rafael 12:15 San Rafael Joe's	

*Online Make-up <http://www.rotaryclubone.org>*

**ROTARY CLUB OF SAN CARLOS**  
**PO BOX 515**  
**SAN CARLOS, CA 94070 U.S.A.**



**SERVICE Above Self**

### The 4 Way Test

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

### BOARD OF DIRECTORS

President, Mark Burket	Directors:	Chris Edwards	04-06
Past President, Claire Earley		Judy Brown	04-06
Secretary, Robert Walkins		Hans Slade	04-06
Treasurer, Stuart Johnson		Pete Nannarone	04-06
Sgt. At Arms, Steve San Filippo		Chester Fisher	05-07
		Steve Eldridge	05-07
		Chris Davis	05-07

R.I. PRESIDENT CARL-WILHELM STENHAMMAR.  
 DISTRICT #5150 GOV. HOLLY AXTELL

## THE SECRETARY'S KIOSK

### UPCOMING EVENTS

#### *Spring 2006 Activities*

May 21 Hometown Days Fun Run  
& Pancake Breakfast

#### *Summer 2006 (& Beyond) Activities*

Jun 06 Board Meeting  
(Jim McGovern's office)

Jun 11-14 2006 Rotary International  
Convention in Malmö,  
Sweden, and Copenhagen,  
Denmark

Jun 24 Installation/Debunking @  
Stanford Park Hotel  
Menlo Park, California

Jul 21 District Governor Mark  
Flegel to visit SC Rotary

Sept 10 Rotary BBQ @ The  
McGovern's

Oct 13 Walking for Ben

### *Club Anniversaries*

**May 6 Warren Dale (Honorary)**

**May 6 Stan Kangas (Honorary)**

**May 6 Ruth Lindeburg (Honorary)**

**May 6 Dixie Lynch (Honorary)**

**May 9 1980 Ben Stolpa**

### *Birthdays*

**None this week**

home and family, work and other activities. The minimum requirement for active membership is one 2-3 hour shift per week.

### Benefits of Membership

- \* Participation in the social events and educational programs provided for hospital employees.
- \* Provision of annual Tuberculosis test.
- \* Free annual flu shots.
- \* Letter of recommendation after three months of satisfactory service if requested by volunteer.
- \* Training in necessary skills provided by medical staff and experienced volunteers.
- \* Discount on See's Candy
- \* On-site credit union
- \* April Appreciation Luncheon and October Service Award Recognition Luncheon
- \* Discount at our hospital gift shop
- \* Meal voucher after working a four-hour shift
- \* Satisfaction of helping others

### Student Volunteers

The Student Volunteer is a vital link between youth and their community. Open to students 12 through 18 years of age (if still in high school), with the opportunity to assist the hospital personnel in performing general services.

Student Volunteers work at least one

2-3 hour shift per week on a regularly scheduled basis, with hours available after school or on weekends. Many students have found that participation is of vital assistance in gaining work experience, learning responsibility, and determining health-related career choices.

### How to Apply

Adult Volunteer applicants will be contacted for a personal interview and orientation. In an informal atmosphere, applicants are informed about the specifics of duties, routines, requirements and benefits.

Student Volunteers will submit their application and attend one of the monthly orientation/interview sessions (held the fourth Monday of each month) where the requirements to volunteer will be discussed and work assignments determined.

To receive an information/application packet, please telephone the Volunteer Office at (650) 367-5690 and leave your name and address.

*Information gleaned from web site:*  
<[www.sequoiahospital.org](http://www.sequoiahospital.org)>- Ed.

### CONTACT THE EDITOR-Jim Stevens

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(650) 595-0924 tel./ (650) 631-9797 fax  
Submission deadline: Wednesday @ noon

## **Donations Committee Report**

**April 26, 2006**

The Donations Committee met on April 26, 2006. The following members were in attendance: Don Whitley, Forbes King, Howard Marans, Claire Earley and Helen Calhoun.

We reviewed requests for donations and the following were approved:

Organization: **Art in Action**  
c/o Judy Sleeth  
For: Student art programs  
Amount: \$300.00

Organization: **Jobs For Youth**  
c/o Al Teglia  
For: Job Development & Placement  
Amount: \$300.00

Organization: **Crew 321 San Carlos**  
c/o Justin Endo  
For: Youth Events - Scouts  
Amount: \$250.00

2005-2006 Budget \$12,000.00  
Current Balance \$3,700.00  
Above Donations \$850.00  
New Balance **\$2,850.00**

Submitted By: Donald A. Whitley,  
Committee Chair

### Rotary International District 5150

<http://www.rotary5150.org>

### Rotary Club of San Carlos (Try it. You'll like it!!!)

<http://www.sancarlosrotaryusa.org>

### Online Make-up

<http://www.rotaryclubone.org>